



FIESTA SPORTS COACHING LTD **HEALTH AND SAFETY POLICY**

HEALTH AND SAFETY POLICY STATEMENT:

“Fiesta Sports Coaching Ltd is strongly committed to encouraging our members to take part, but the health, well-being and safety of each individual is always our paramount concern. We recommend levels of training dependent on age and ability, and expect administrative staff, coaching staff and participants to participate within these boundaries.”

HEALTH AND SAFETY POLICY:

To support our Health and Safety policy statement we are committed to the following duties:

- Undertake regular, recorded risk assessment of all activities undertaken by the club.
- Create a safe environment by putting health and safety measures in place as identified by the assessment.
- Ensure that all staff working for Fiesta Sports Coaching are given the appropriate level of training and competition by regularly assessing individual ability depending on age, maturity, and development.
- Ensure that all staff and participants are aware of, understand and follow the company’s health and safety policy.
- Appoint a competent company member to assist with health and safety responsibilities.
- Ensure that normal operating procedures and emergency operating procedures are in place and known by all members.
- Provide access to adequate first aid facilities, telephone and qualified first aider.
- Report any injuries or accidents sustained during any Fiesta Sports Coaching Activity wherever that may take place.
- Ensure that the implementation of the policy is reviewed regularly and monitored for effectiveness.

AS A FIESTA SPORTS COACHING COACH/ OFFICE WORKER YOU HAVE A DUTY TO:

- Take reasonable care for your own health and safety and that of others who may be affected by what you do or not do.
- Co-operate with the company on health and safety issues.
- Correctly use all equipment provided by the company

- Not interfere with or misuse anything provided for your health, safety or welfare.
- Inform the Company Health and Safety Officers in a timely manner of any health and safety concerns. These include issues such as ICT/ seating and office arrangements to avoid issues such as repetitive strain injury.
- To be aware of Fiesta Sports Coaching Ltd.'s Crisis Management Policy.

COMPANY HEALTH AND SAFETY OFFICERS:

John Mulholland- Director

Vicky Gallager- Director

FIRST AID: Location of first aid facilities: Each coach should carry a First Aid Kit, Accident book, Accident Report Forms and Incident Forms and must check where within school or facilities the AED (Defibrillator) is located.

Location of telephones: All coaches should carry a mobile phone although this should only be used on an emergency and **MUST NOT** be out when coaching at a session.

QUALIFIED FIRST AIDERS:

- 1 All coaches are required to have Emergency First Aid
2. Any other queries should be directed to Georgia Coulson as our most qualified first aider.

J.P. Mulholland

Signed:

J.P.Mulholland

Company Director

Date: 22/06/2023 To be Reviewed: 22/06/2024 (or after any major incident)

Related Documents: Fiesta Sports Coaching Risk Assessment, Code of Conduct and Coach Checklist, Safeguarding Policy. Fiesta Risk Assessment for WEP, Apprentices U18. Crisis Management Policy

Fiesta Sports Coaching Public Liability and Employer's Liability Insurance Certificates.

I have read and understood this policy and understand this health and safety policy and know how to maintain best practice in my health and safety duties at work.

Name: _____ Signed: _____ Date _____

